


# Q300 **KINDNESS** CHALLENGE

Name \_\_\_\_\_

Class \_\_\_\_\_

**B I N G O**

# Q300 Kindness Challenge

In honor of Random Acts of Kindness Day on February 17th the Q300 PTA would like to invite the Q300 community to once again participate in a Kindness Challenge. **The Kindness Challenge will run from February 13th - 27th.**

Everyone has the ability to be kind. Now more than ever, the world can use a little more kindness!

Below is a list of ideas to inspire your acts of kindness, but feel free to be creative, and come up with ideas of your own. Remember, there are so many ways we can be kind, to our friends, family, teachers, neighbors, community, animals, our planet, and even ourselves! Be sure to fill in your Kindness Chart every time you do something kind. You can also color in the boxes, decorate the chart, and make it as special and unique as you are. Get family and friends involved and have them fill out their own charts too. Get creative, and play a round of BINGO with your chart.