



Green Seed of the Week

A weekly sustainability tip for our Q300 Community

Seal drafty windows & doors with plastic film or foam insulation.

Sealing gaps in windows and doors helps to keep heat indoors during the winter and air conditioning from escaping in the summer. This could save you 15% in energy costs per year (according to the EPA) and make our planet a little bit happier every single day.

Energy consumption, from fossil fuel mining to keeping the wi-fi on is the largest contributor of global warming (40% of all GreenHouse Gas emissions.) More extreme temperatures means more people will need to use air conditioning and heating, which further increases global warming and climate injustice, as the global poor will not have access.

Reduction Meter- This week's tip benefits our planet and ourselves by reducing:



Fossil Fuel Usage



Industrial Processing



Air Pollution

Brought to you by your fellow Q300 parents.